



# MHSP CLASS OF 2021



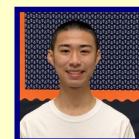
SEE PAGE 3 FOR A LIST OF  
SENIORS NAMES...  
we are so proud of each of you!

The 12th annual and  
first ever virtual  
WHITE SHIRT  
CEREMONY

was held December  
17th 2020 to honor  
and recognize the  
seniors in the  
class of 2021



**LEANNE MAHARAJ**  
Maury & MHSP  
Class of 2021  
Valedictorian



**JOHNNY LI**  
Maury & MHSP  
Class of 2021  
Salutatorian



**EMILY KESSER**  
MHSP SPIRIT OF  
THE OATH AWARD  
RECIPIENT  
Class of 2021

LOTS GOING ON!CHECK IT OUT...

IMAN ABDOUS: JMU; ODU; VCU

DESTINY ALLEN: ODU; ECU; VCU

DESTINY BRITTON: ODU; VCU

RILEY CASEY: JMU; ODU; Lynchburg

AMYLELA CREQUE: ODU; Radford; GMU; VCU

GRACE CUMMINGS: Elon; ODU; U of Loyola: Chicago; U of Loyola: New Orleans; VCU

SIMON EDWARDS: VCU; Marquette; LSU; University of Tennessee

JASMINE JOHN: ODU; GMU; VCU; Lynchburg

BLAKE JOHNSON: Duke

EMILY KESSER: UVA

GABRIELLE KIEFER: ODU

ALEX LAPLACE: VCU; GMU; ODU

CELIA LAPLACE: ODU; JMU; GMU

RYAN LIGHTBOURNE: VCU; NC A&T; GMU

KYLIE MARTIN: ODU

LIAM MCLINDA: ODU; Lynchburg

GABE MENDOZA: Roanoke University

OWEN MIDGETTE: ODU

NADIA OWEN: VCU; ODU

GIRFFIN PADDOCK: VCU

CAYVEN REED: ODU; JMU

BELLA SCHROEDER: Belmont Abbey College;

RMC; Wooster College; Catholic University

EMMA SEARING: JMU; USC; U of Oregon-

Honors College

ERIN SHAFFER: Radford

GEORGIA SIMPSON: VCU; JMU

RAYA YOUNG: ODU; VCU



**IMAN ABDOUS**  
**DESTINY ALLEN**  
**NAHARI ANDERSON**  
**NEVAEH ANDERSON**  
**NICK BEAUDOIN**  
**ADAM BONEY**  
**DESTINY BRITTON**  
**TREY THOMAS BUSH**  
**RILEY CASEY**  
**LELA CREQUE**  
**GRACE CUMMINGS**  
**SIMON EDWARDS**  
**LAUREN HOPKINS**  
**JASMINE JOHN**  
**BLAKE JOHNSON**  
**EMILY KESSER**  
**GABBIE KIEFER**  
**ALEX LAPLACE**  
**CELIA LAPLACE**  
**NGUEYAP LESLINE**

**JOHNNY LI**  
**RYAN LIGHTBOURNE**  
**LEANNE MAHARAJ**  
**KYLIE MARTIN**  
**LIAM MCLINDA**  
**GABE MENDOZA**  
**OWEN MIDGETTE**  
**JULMARIE MORALA**  
**DEVON OLIVER**  
**NADIA OWEN**  
**GRIFFIN PADDOCK**  
**DANNY QIU**  
**CAYVEN REED**  
**BELLA SCHROEDER**  
**EMMA SEARING**  
**ERIN SHAFFER**  
**GEORGIA SIMPSON**  
**RAYA YOUNG**

*Welcome to the incoming  
freshmen class of 2024!*

- DIEGO AVILA
- KYLEEN BOTIN
- CATERINA BOYD
- AVERY BRANUM
- JASMINE BRUCE
- AVA BUNTON
- ANNABELLE CASSITY
- PETER COBAS
- SIERRA COLEY
- DIAMONI DAVIS
- CHRISTY DESIR
- JAMES DICKINSON
- BRYAN DUMAN
- SUMMIT FARNSWORTH
- APRELLE FLORAGUE
- XIOMARI GREEN
- LILY GUINN
- ROSE HAMMEL
- GABE KINNISON
- NIKITA KOBZAR
- SPENCER LIEB
- ASHTON MAHARAJ
- BRADLEY MALCOLM
- LINCOLN MARCH
- FINLEY MCCASHIN
- KEAMANI MCQUEEN
- MCKENZIE MILES
- JAMMARIE MORALA
- MYA MORRIS
- SABRINA MOWERY
- CRISTINA MUJICA-CALCANO
- BRESHAUNA MUNDEN
- SARA NOTTINGHAM
- KENNEDY PARKER
- WEDOEL PONIO
- KASHMEERE REYES
- CAMERON SADR
- IAN SHAW
- CHARLOTTE SHUMATE
- STEPHANIE STANLEY
- TANIA TONG
- CONOR TUNNEY
- CHRISTIAN VALENTIN
- LUKE VAWDREY
- FAITH WILLIAMS
- ZOE WINTERS
- MARYELLA WYNNE
- MING ZOU

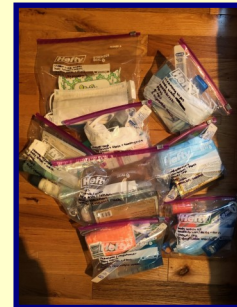
LOTS GOING ON! CHECK IT OUT...

**COMMUNITY  
SERVICE  
REQUIREMENTS**

- While it may be more of a challenge to meet the community service requirements, many varied opportunities have been presented to students.
- It is expected that each MHSP student will submit a minimum of 30 hours for this school year.
- A minimum of 20 hours must be submitted by May 31st for a student to be in good program standing. Once those 20 hours are submitted, the student will have the summer to complete the remaining 10 and submit those by the end of the first week of school in 2021-2022
- Failure to complete this requirement will result in students and parents meeting with the program leader, Mrs. Christie and the assistant principal over the program, Tamara Dunn to explain why the student was unable to complete the required minimum. Students may risk program exiting for failure to meet this requirement.

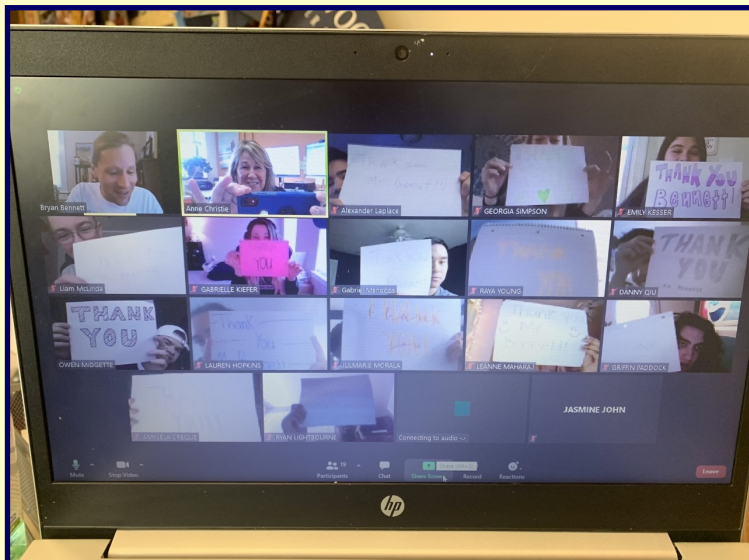
**SOME OF THE OPPORTUNITIES STUDENTS HAVE BEEN  
OFFERED TO MEET THIS REQUIREMENT**

- Blair neighborhood clean-up
- Ghent neighborhood clean-up
- Food drive
- Toy Drive
- Items for supply bags for the homeless
- Used sports equipment drive
- Upper classmen tutoring ChemMed students



**Lectures: Students can earn 3 hours by attending and writing a solid reflection of the information presented. Programs have included:**

1. Virginia Space Grant Consortium: Science & Technology in our Changing World
2. Tech Exposure Day:” The Virtual Field Trip
3. International Museum of Surgical Science: Reflecting on the Scalpel as a Deaf Physician-Scientist  
College of Sciences Data Science Seminar
4. EVMS: Clinical Practice Guidelines for Transgender Care
5. ODU: Ellen Ochoa Astronaut and First Latina to travel to space
6. World Science University: Black Holes, General Relativity and the Nature of Reality
7. COSI: The Color of Science: First Female Astronaut to Spacewalk
8. COSI: Caleb Anderson: Child Prodigy
9. EVMS: Diversity and Inclusion: The Enduring Legacies of a Racially Bifurcated Society
10. EVMS: Stereotype Threat and Imposter Syndrome
11. Mutter Museum: The Doctors Blackwell, the first women physicians in the US
12. Mutter Museum: Racism is a Public Health Issue...Now What?
13. Linda Hall Library: A Shot in the Arm: What You Need to Know about the COVID Vaccines



**Bioethics seniors surprised Mr. Bennett with a special holiday greeting**

**Dr. Anderson lectured to EMR students about ER medicine and COVID case management**




**Junior MARLO PINTO interviewed a local COVID investigator for part of the ERI@ODU offerings (ERI= Emergent Risk Initiative)**

**Marlo Pinto**  
Student at Matthew Fontaine Maury High School  
12h • 🌐

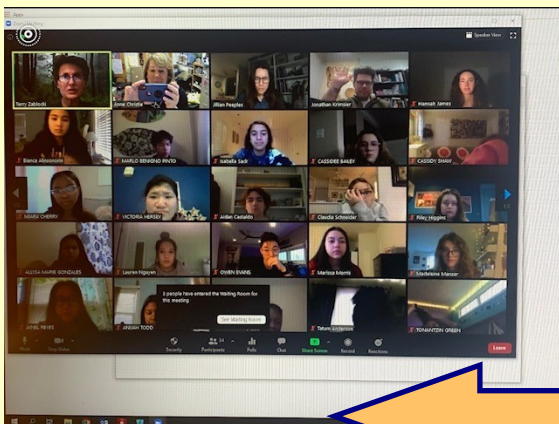
**Judith Hinch, in profile**

Highlights

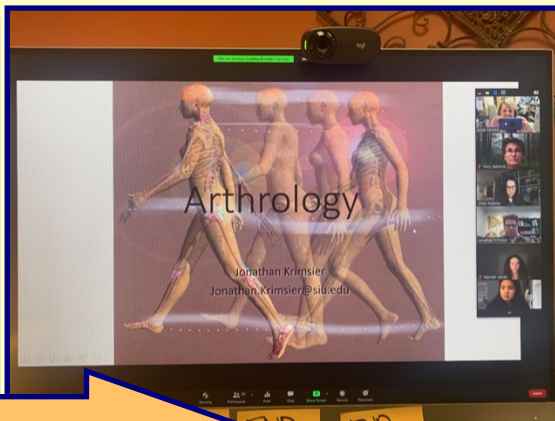
- Judith, originally from New England, is a Doctoral student at Old Dominion University's Batten College of Engineering & Technology
- Her doctoral project is on the frequent flooding in Norfolk, Virginia and its impact on the local businesses
- She currently works as a COVID investigator to minimize community spread
- She is also interested in issues of social justice and loves birds and is an avid bird watcher



COVID Investigator Profile Interview



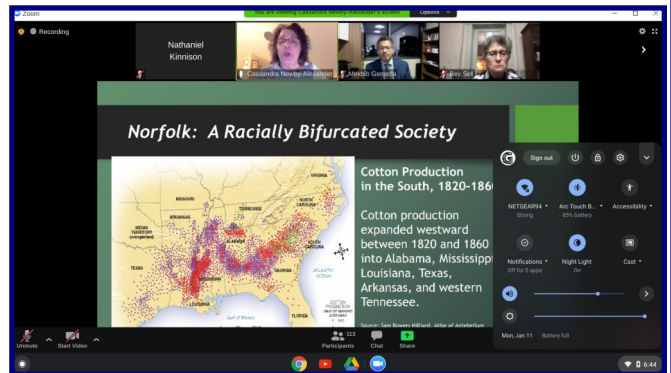
**Juniors guest speaker in Anatomy class, Jonathan Krimier, lectured about Arthrology or the study of joints.**



REFLECTIONS FROM LECTURES

Doctor Cassandra Newby-Alexander Diversity and Inclusion Essay By senior, Gabrielle Kiefer

Dr. Newby-Alexander centralized the webinar from tonight around racial studies, especially information regarding slavery, how it occurred in the past, and its ongoing repercussions today in our area. She has been appointed dean of Norfolk State University's College of Liberal Arts and has received a large amount of recognition and awards, including over \$800,000 in grants. One piece of information she shared at the beginning of today's webinar was how Norfolk actually played a large role in not only the selling of slaves into the deep south, but also the kidnapping of slaves to be sold. The Slover Library actually uncovered information inside of it that revealed this information. As many know, Norfolk is a low-lying city where a large amount of flooding occurs. Because of this, the land was filled with anything early settlers could get their hands on to fill the land and raise it, which included items like old furniture. Even with these efforts, some areas still stayed low, and sadly that was where, and is still where many poor black communities reside, meaning they receive the largest hit from flooding. With Norfolk being such an old city, slavery was introduced early and white people at the time became dependent on slave labor. It is believed that without the free labor from slaves, commerce would not have been able to develop to the extent it did, and the area would not have grown economically as it did. Another fact she shared is how the Norfolk Naval hospital also had a large dependency of slavery, even employing slaves as a way to staff the hospital. Slaves and plantations played such a large role in Norfolk and Hampton Roads due to the easy maritime access from the major rivers that meet in the Chesapeake Bay. Dr. Newby Alexander shared so much more important information that went into depth of how the slave trade was carried out in Norfolk and Hampton Roads, and especially how impacted not only the past but also present day of the area. Developing a better understanding of the past of the city I grew up in, live in, and go to school in was such a privilege. Tonight's webinar was extremely engaging, and I thoroughly enjoyed taking a dive into the past of our city and how it came to be.



Dr. Kathy Sullivan was one out of 7.7 billion people on Earth to get 3 world records and she was the NOAA administrator. The first world record was for becoming the first women to travel in space, second for being the first women to reach the challenger deep, and third for accomplishing the greatest vertical extent of an individual. She was an astronaut who explored the stars to a diver who explored the deepest depth of the oceans. Dr. Sullivan has had three space shuttle missions with the first one in 1984. She informed us that it only took 8 and a half minutes to blast off but 40 something minutes to come back to Earth. Her adventure to the deep was introduced by Victor who was looking for a woman to join him on going to the deepest depth of the ocean. She traveled all the way down without seeing any fish to the Mariana Trench which was deeper than Mt. Everest. An interesting fact she had said was that every breath we take, the oxygen came from the organisms in the ocean. She also informed us that, both, traveling through space and the deep depths required a teamwork that functions in the right way and not just working with people one likes. I feel inspired by Dr. Sullivan because she has accomplished things women have never been able to do to inspire them and she wants us to "understand the world around us".

COSI Museum Color of Science : Dr. Kathy Sullivan  
By freshman, Ming Zou

LOTS GOING ON!CHECK IT OUT...



Medical and Health  
Specialties Program @  
Maury High School

322 Shirley Avenue  
757-628-3344

Anne Christie  
Program Leader  
757-628-3344 x 3025

*Program Expectations in a Nutshell...*

Even during COVID, Medical and Health Specialties Program students are expected to perform at a level above other students. By the end of each year, students must earn a final grade of B- or better in each of the core science classes (& second science electives as juniors and seniors) and maintain an overall GPA of at least a 2.75 for each year and cumulatively . Students are also expected to pass all core classes. MHSP students are also expected to pass all classes.

All MHSP students are expected to complete a minimum of 30 community service hours each year, 20 hours which must occur during the academic school year. If you haven't started this yet, please begin! Several opportunities from program activities will be announced over the next few months.

Additionally, MHSP students are held to a high standard within the school community. Attendance, classroom behavior and student conduct are all factors that are monitored regularly

**Academic Integrity is extremely important. We know that it is very easy for students to submit work that is not a direct reflection of the student's efforts but more the result of plagiarism, copying...cheating.**

**True self-esteem is earned by tackling something challenging and meeting those challenges.**

**Graduating from this program should be a personal, genuinely earned accomplishment.**

**The MHSP  
Amazing Teachers**



**DEBBIE ALLEN**  
Forensic Science



**BRYAN BENNETT**  
Bioethics



**MARYBETH DIXON**  
ChemMed



**DONNA MITCHELL**  
BioMed



**JILL PEEPLES**  
Anatomy



**MATT TALLEY**  
Sports Med



**JESS TOMAN**  
ChemMed



**TERRY ZABLOCKI**  
Accelerated Health  
Anatomy  
EMR